

June 1, 2019

Seniors and Pine Plains Free Library List of Events

Senior Recreational Activities

Chair Yoga:

Wednesday, 10:45 a.m.

Walking & Exercise:

***Monday & Friday, 11 a.m. to
12:00 noon***

Board Games & Cards:

Wednesday,

12:00 noon to 3:00 p.m.

Senior Potluck & Activities:

2nd Wednesday of the month,

12:00 noon to 3:00 p.m.

(Locations TBD)



*Pine Plains Seniors playing Pinnacle and
Mexican Dominoes*



We are working on achieving the goals set in our recent meeting of the minds.

Goals such as looking into the feasibility of using our resources to join area Senior Club events and establishing a network of volunteers to facilitate services for neighbors in need in our community.

Our group is growing and becoming more dynamic because of the wonderful active participation of all.

Pine Plains Free Library

7775 S. Main St.

(518) 398-1923

Pineplainslibrary.org

- ◆ ***Hand Crafts, 2nd Tues. of the month,
12:00 noon to 2:00 p.m.***
- ◆ ***Bridge, Tues., 2:00 p.m. to 4:00 p.m.***
- ◆ ***Community Yoga, Mon., 6:30 p.m.***
- ◆ ***Tai Chi, Tues., 12:15 p.m.***
- ◆ ***Waterfall Qigon, Thurs., 11:30 p.m.***
- ◆ ***Morning Yoga, Sat., 8:30 a.m.***



The Adventurers' Club
OF THE TOWN OF PINE PLAINS

Phone: 518-398-8600 x1
E-mail: Lori@pineplains-ny.gov

August 21, 2019: Saratoga Bus Trip
Drop off at Broadway, Saratoga Racetrack and
Saratoga Casino. (\$20 for non-residents)



October 9,
2019: Westchester Dinner Theatre—
An American in Paris
(\$20 Fee for non-residents)

November 13, 2019:
Mass Mo Ca
(\$20 Fee for non-residents)



Dutchess County Office of the Aging: (845) 486-2555
Northeast Community Center: (518) 789-4259

Dutchess County Office for the Aging

FREE Senior Picnic

Wednesday, June 12 at 12 noon

Pine Plains Lions Club Pavilion,

82 Beach Road

Live Music Great Food Rain or Shine

\$4.00 fee for those under 60